

# Need help (westchester)



Location **Illinois**  
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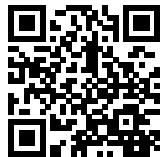


I am sick and tired of being sick and tired. The start of the new year has come and gone. I haven't worked out yet, and I have been eating terribly! Maybe you are in the same boat? Let's change this! I am looking for people who want to get back on track and healthy. I am doing a couple challenge groups that start with a 3 day refresh of our diet. Let me know if this interests you and we will make this happen. Have a great day and weekend. Smile because every day is a beautiful day.



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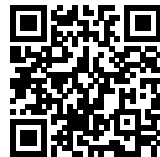
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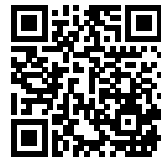
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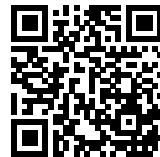
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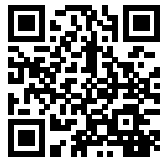
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