Gen Classification Indonesian and Filipino Martial Arts (Georgia Academy of Martial Arts)



Location Georgia https://www.genclassifieds.com/x-262322-z

Indonesian and Filipino Martial Arts

Traditional Southeast Asian Martial Arts Instruction

Our training teaches you how to problem solve when you meet the unexpected. You will understand the principles behind the techniques, and be able to find options when you meet a situation that you have not encountered in training. Silat is based on principles of body mechanics and leverage making it functional for both the old and young, male and female. Training includes throws, takedowns, locks, ground fighting, empty hands and weapons techniques.

Street MMA ~ Kickboxing ~ Self Defense ~ Fitness http://scientificcombat.webs.com

Kuntaw ~ Kali ~ Silat ~ Jeet Kune Do ~ Krav Maga http://www.youtube.com/user/scientificcombatclub

ADULTS ONLY ~ NO CONTRACTS ~ FREE personal lesson http://www.facebook.com/ScientificCombatClub

WE LOOK FORWARD TO MEETING YOU!













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