

Personal Training Home (35 USD)



Personal Trainer

milehighfitness

Location: Denver, Boulder, Fort Collins, Colorado Springs
We are a group of Certified Personal Trainers working in the Denver, Boulder, Fort Collins, and Colorado Springs areas and will come to your house, fitness center or place of work to develop a professional exercise program to help you lose or gain weight and increase your fitness level. I will do group training for you and your friends in a convenient location.

We also offer AWESOME boot camp classes that start at \$7 per class. Zumba classes are also available in Aurora, Thornton and Denver at various prices. We organize classes for groups, schools, churches and more. Visit our website for more details.

Personal training rates range from \$30-\$60 per session. Please call or email for more details.

720-436-3899
Kim Farmer
www.milehighfitness.com

Information

CONTACT INFORMATION

Kim Farmer
720-436-3899
www.milehighfitness.com
kfarmer@milehighfitness.com

Profile

Service Area: Front Range
Service Type: Fitness
Years of Service: 7
Market Focus: Standard

Attributes

CREDENTIALS

- ACE
- AFAA
- Zumba

BENEFITS OF SERVICE:

- Loss of Goo-Weight
- Get more energy
- Accountability
- Nutritional support
- Increase your fitness level

Photo Gallery

Links

www.milehighfitness.com

Location **Colorado**
https://www.genclassifieds.com/x-262384-z

Personal Trainer - \$35.00 per hour CONTACT INFO Kim Farmer

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DESCRIPTION We are a group of Certified Personal Trainers working in the Denver, Boulder, Fort Collins, and Colorado Springs areas and will come to your house, fitness center or place of work to develop a professional exercise program to help you lose or gain weight and increase your fitness level. I will do group training for you and your friends in a convenient location.

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Other PRCING DETAILS: Re Details: Personal Training rates vary from \$35-\$60 per session. Boot camp and zumba classes starting at \$7.

Payment Methods: Visa

www.milehighfitness.com

Mile High Fitness at The Savoy - http://www.savoydenver.com/all_events/zumba-with-mile-high-

fitness/?instance=1413

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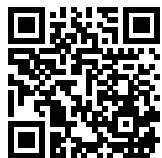
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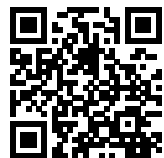
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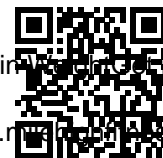
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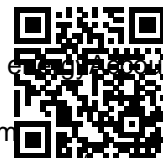
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