

Personal Training Home (35 USD)

Personal Trainer

Location: Denver, Boulder, Fort Collins, Colorado Springs

We are a group of Certified Personal Trainers working in the Denver, Boulder, Fort Collins, and Colorado Springs areas and will come to your house, fitness center or place of work to develop a professional exercise program to help you lose or gain weight and increase your fitness level. I will do group training for you and your friends in a convenient location.

We also offer AWESOME boot camp classes that start at \$7 per class. Zumba classes are also available in Aurora, Thornton and Denver at various prices. We organize classes for groups, schools, churches and more. Visit our website for more details.

Personal training rates range from \$30-\$60 per session. Please call or email for more details.

720-426-3999
Kim Farmer
www.milehighfitness.com

Information

CONTACT INFORMATION

Profile

Service Area: Front Range **Years of Service:** 7
Service Type: Fitness **Market Focus:** Standard

Attributes

CREDENTIALS:

- ACE
- AFAA
- Zumba

BENEFITS OF SERVICE:

- Lose or Gain Weight
- Get more energy
- Accountability
- Nutritional support
- Increase your fitness level

Photo Gallery

Logo

RATES

Rate: \$30.00 per hour
Rate Details: Personal Training rates vary from \$30-\$60 per session. Boot camp and zumba rates vary from \$5-\$10 per class. Payment Methods: Visa, MasterCard, PayPal, Cash, Check, Money Order

Links

www.milehighfitness.com

Location

Colorado

<https://www.genclassifieds.com/x-262387-z>Personal Trainer - \$35.00 per hour **CONTACT INFO** Kim Farmerwww.milehighfitness.com FEATURES

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DESCRIPTION We are a group of Certified Personal Trainers working in the Denver, Boulder, Fort Collins, and Colorado Springs areas and will come to your house, fitness center or place of work to develop a professional exercise program to help you lose or gain weight and increase your fitness level. I will do group training for you and your friends in a convenient location.

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PERSONAL TRAINING

