

FOCUS T25FOCUS T25FOCUS T25FOCUS T25 COMPLETE 16 DISC SET (20, USD)



Location

Arizona

<https://www.genclassifieds.com/x-279399-z>

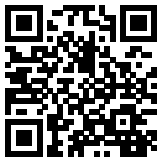

Includes 16 nonstop 25-minute workouts on 16 DVDs, Quick-Start Guide, Nutrition Plan, Workout Calendars. Major studies have shown that 30 minutes of exercise can be just as effective at burning fat and even more efficient than 60 minutes of exercise. With FOCUS T25, you need to work out just 25 minutes a day to get in the best shape of your life, So push Play and focus for 25 minutes and GET IT DONE!

****Add \$10 And Get The Complete 10 Disc Set Of Shaun T's INSANITY WORKOUT!!!!****



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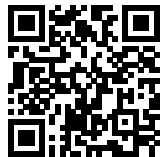
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