

Training Partner Wanted (University City)

Location

Pennsylvania

<https://www.genclassifieds.com/x-317246-z>

I am an overweight woman looking to train seriously with a partner. I have made great strides previously while working with a trainer who used to be in the Marines, but I feel like I've forgotten everything I knew about physical fitness. My budget is tight right now and I can't really afford a trainer, but I was hoping that I can find a workout partner, preferably someone who was in the military, who wouldn't mind helping me challenge my limits. I should disclose that I do have a torn rotator cuff injury as well as plantar fascitis. Both injuries are due to a cycling accident that happened last summer while training for a charity ride. Although there is some definite limitation as far as the injuries, I don't want to use them as an excuse or a crutch. I am eager to put in the work as much as I possibly can. If interested, please send me a.



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