

Atalayas Healing Hands (. USD)

Location

Alaska

<https://www.genclassifieds.com/x-336313-z>


Are you stressed? Training too hard? Old injuries coming back to haunt you? If you're looking for vast knowledge of physical rehab for chronic or acute pain and stress, I'm the therapist for you! Specializing in range of motion, sports massage, myofascial release, therapeutic deep tissue, craniosacral, lymphatic drainage, acupressure, prenatal, reflexology and intuitive healing. Multiple modalities are used to help you achieve optimal musculoskeletal normality. 8 years of working experience, continual study of oriental medicine, ayurveda and of human anatomy and physiology, afford me the knowledge needed to get you as close to your pain free self as possible. If needed, I'll go over beneficial self care to practice in between visits. Helping you find balance is essential to your own recovery and erasing the causes. Calm, private and picturesque setting to heal mind, body and spirit.

30 minutes- \$35

60 minutes- \$65

90 minutes- \$95

*Every 60-90 minute session includes complimentary 15 minutes in dry sauna available after massage to help flush out toxins and maximize relaxation.

*15% off for all active military and veterans with ID

*15% off for all new clients.

*Will travel for those who would like to have massage parties (call for details) or in home therapy sessions for additional cost depending on amount of travel.

Hours: Wednesday- Monday 10am-8pm (latest appointment taken at 7:45)

** By appointment only**

Email, call or text for availability, detailed questions and to schedule an appointment. Please leave a message and I'll get back to you ASAP (no blocked calls will be answered)

Health and happiness.



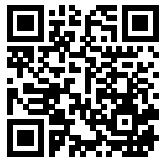
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