

Health Coach PractitionerPersonal Trainer



Location **New Jersey**
<https://www.genclassifieds.com/x-338398-z>



Health Coach Practitioner/Personal Trainer
N.A.S.M. Personal Trainer, Corrective Exercise specialist, Fitness Nutrition Specialist, Senior Fitness Specialist
I'm here to help monitor you towards achieving a New Life style.
With a Safe, Fast, Effective, Long Term weight management program you can enjoy looking and feeling good on the inside and out.

With spring here that means Summer is around the corner

<http://itstartswiththefridge.ichooseoptimalhealth>



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