

Health Coach PractitionerPersonal Trainer



Location **New Jersey** https://www.genclassifieds.com/x-338400-z

Health Coach Practitioner/Personal Trainer

N.A.S.M. Personal Trainer, Corrective Exercise specialist, Fitness Nutrition Specialist, Senior Fitness Specialist

I'm here to help monitor you towards achieving a New Life style.

With a Safe,Fast,Effective,Long Term weight management program you can enjoy looking and feeling good on the inside and out.

With spring here that means Summer is around the corner

http://itstartswiththefridge.ichooseoptimalhealth

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