Troubled by Stress

Location **Idaho**
https://www.genclassifieds.com/x-376674-z

I have composed a recording that may help you with your stress and tensions. I discovered that binaural beats have eased some of the symptoms of this for me personally. I have posted this on YouTube for people to try, it may help you. You will need headphones and listen tot the entire composition (approx. 15 minutes) for the best results I put together sounds that are soothing, calming and is good for prayer, meditation, relaxing or just quiet contemplation. You can Google Spirit of the Wind 10 or simply click on this link. http://youtu.be/dtSERtmLhpw

Please do not drive and listen to this. I hope you find this of some help as it has helped me. I wish you good health and prosperity and thank you for

Troubled by Stress
https://www.genclassifieds.com/x-376674-z