

Custom Yoga Sessions brought to You (Southside Kauai All Kauai)



Location **Hawaii**
<https://www.genclassifieds.com/x-383821-z>

Aloha!

My name is Amy Cunningham.

I am a certified Yoga Instructor offering In-home or Outdoor Customized Yoga Experiences for you and your family to enjoy during your vacation here on Kauai, or if you are a resident and can't find the time to make it to a class at a studio, or would simply like to practice in the privacy of your own home.

I have been teaching yoga since 2007, and teaching here on Kauai since 2011.

I presently teach at several studio locations on the south side including: Kalaheo Yoga and Poipu Athletic club.

I offer all styles of Yoga - from Restorative to Vinyasa Level 2-3, Kids Classes for youngsters under 10, as well as Senior Classes and Pregnancy classes.

I would supply all mats and props.

Pricing is as follows:

Per Hour:

(~ pricing here references sessions located in Koloa, Poipu, or Hanapepe/ Additional travel cost for Westside, Eastside, or Northshore)

(Number of people applies to anyone 10 years or older, unless it is a Kid's Class, then same pricing applies)

Per hour:

\$60 per individual or couple (1-2 people)

\$90 per 3-5 people

\$20 for 6-10 people

depend on how many classes you would like to receive, and how far you would like to pay up from Koloa to, prior to negotiating. Contact Kama

Finally, we can also schedule you a babysitter, for a small additional cost, if you have the blessing of a little one(s) to take care of while you practice. Enquire.

Feel free to contact me with any questions or requests.

Happy Practicing and!

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