## LIFESPAN TR (1200..., USD)



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I am selling this brand new, professionally assembled, never used Lifespan treadmill for the super low price of \$725. I can deliver it inside the I-275 loop for no additional charge. You will need at least 2 strong individuals to bring it inside your location, as it is a robust piece of equipment. This treadmill was assembled and tested for 12 minutes to verify that it is in perfect operating condition. The reason for the low price is because it was scuffed in a couple places during shipment. Nothing is broken. I have included the pictures of the cosmetic blemishes, which show that they are minor and do not affect the operation or safety in any way. Product information below... LifeSpan TR 1200i Folding Treadmill

List Price: \$1,499.99

Amazon Price: \$999.00 (My price...\$725.00...assembled and delivered ready to use!)

• 2.5-horsepower folding treadmill with spacious 20-by-56-inch running surface

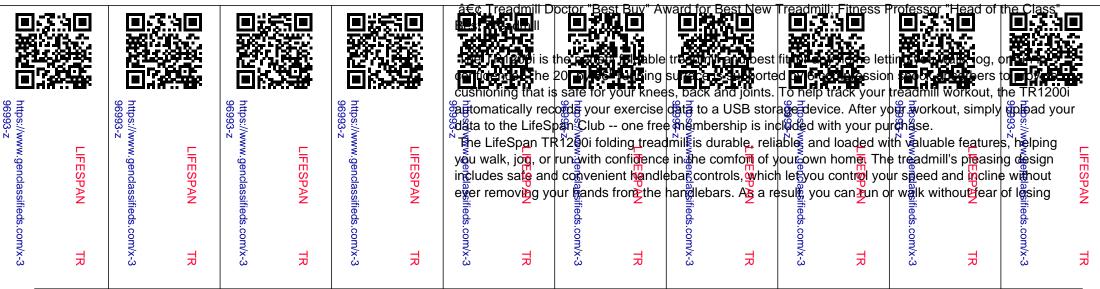
0.5 to 11 mph speed

15 incline levels

17 preset workouts available

 $\hat{a} \in \phi$  Biomechanically correct deck suspension system supports up to 300 pounds  $\hat{a} \in \phi$  Multicolored LCD console tracks your time, calories, distance, speed, and more  $\hat{a} \in \phi$  Offers several weight loss, healthy living, sports training, and heart rate programs

• Measures 33 x 54 x 70 inches (W x H x D); lifetime warranty on frame and motor



your concentration or balance while adjusting your pace. The TR1200i is also built for comfort and power, with a 2.5-horsepower motor, 2.5-inch front rollers, a spacious 20-by-56-inch running surface, and a biomechanically sound deck suspension system that supports people up to 300 pounds. And to help you track your workout progress, the treadmill automatically saves your exercise data. Once the info is saved, you can upload it to your personal online LifeSpan Fitness Club account, giving you access to exercise programs and detailed reports of your exercise and health results.

The centerpiece of the TR1200i, however, is the multicolored LCD console, which offers several simultaneous readouts and exercise programs to help you achieve your health and fitness goals. The display tracks your time, calories, distance, steps, heart rate, speed, and incline level, with large soft-touch keys helping you get started and control your momentum. More importantly, the console offers 17 preset workout programs that help you vary your exercise routine--a critical factor for people trying to get in shape. The TR1200i's workout programs, which are designed by exercise physiologists to keep you safe and motivated, are grouped by exercise motivation, so you can quickly choose a workout that's right for you. All programs include 20 different segments, each with its own speed and inline level set according to the purpose of the program.

In addition to the preset programs, the treadmill offers two My Zone heart rate control programs and two custom programs. The My Zone Constant program keeps your heart rate at a constant level--thereby using your heart rate as a fitness tool--while the My Zone Interval program lets you enter your own minimum and maximum hear rate. As you exercise, the treadmill speed and incline will automatically adjust to keep your heart rate at the preferred level. By contrast, the custom programs are fully adaptable to your favored workout formula. That's because you're in charge of setting the speed and incline level for each of the 20 program segments, and then saving them for future use.

As a bonus, when you purchase a LifeSpan TR1200i treadmill, you automatically receive a membership to the LifeSpan Fitness Club. This comprehensive online health management program, powered by the Interactive Health Partner, lets you select exercise programs, track and manage your fitness and health results, and receive motivating support as you work toward achieving your goals. The LifeSpan Fitness Club is easy to use: each time you work out on the TR1200i, the treadmill automatically saves your exercise results on your LifeSpan . Because the device is personalized with your age, gender, and weight, not only do you bypass setup screens, you also receive accurate calorie calculations based on your data. Every 20 seconds during your workout, the console will then record your heart rate, minutes, miles, steps, and calories. You'll then have access to a full set of detailed reports and fun facts that you can analyze or share with friends, family, fitness coaches, or physicians.

Other details include a set of built-in, high-quality speakers and a iPod/headphone jack, making it easy to listen to music as you walk or run; an Intelli-Step step-counting feature that works like a pedometer; 15 incline levels.

## Included Club Membership

A full membership in LifeSpan Club is included with each interactive treadmill. A one-stop shop for all of your health and fitness information, this account securely connects with your treadmill's built-in USB port to collect all of your exercise data. Your Club membership also keeps your treadmill's console updated with your first name, age, and weight to correctly calculate calories burned.

Intelli-Guardâ, ¢ Safety Feature

This LifeSpan-exclusive safety feature automatically pauses the belt if you step off during your workout. This feature senses each time your foot strikes the belt while walking or running. If no foot strike is detected for 20 seconds, the treadmill will automatically pause the belt until you return and resume activity.

Intelli-Stepâ, ¢ Automatic Step Counting Feature

Counts steps by sensing each time that your foot lands on the treadmill's belt. Step count is then displayed on the console as you walk or run. This data is then synced to your online Club account with a USB drive. Intelli-Step guarantees accurate display of effort, perfect for walking competitions and daily step goals.

17 Preset Treadmill Workouts

Designed by exercise physiologists for optimal safety and effectiveness, our 17 preset treadmill workouts can help you achieve your goal, whether they are weight loss, general health improvement or sports training. The TR1200i also offers 2 MyZone heart rate control programs and 2 customizable programs. With the MyZone constant program, you keep your heart rate at a constant level throughout your workout. The treadmill automatically adjusts incline and speed to keep you on target.

Large Silicone Console Buttons

The soft-touch, oversized silicone buttons make set-up a breeze and are ideal for making changes to your program while you are moving. You don't have to struggle to hit the correct button.

BRAND NEW, ASSEMBLED, DELIVERED FOR ONLY \$725 CASH. THANKS FOR!