

Fun, affordable TaeKwonDo lessons



Location

Florida

<https://www.genclassifieds.com/x-400755-z>

Hi! My name is Russell Foley and I teach Martial Arts and Self Defense lessons in Orlando, FL. If you're looking for a teacher who will motivate and inspire you, I'd love to help you out. I've been teaching for about 4 years, and have worked with more than 100 students. Whether you want to learn TaeKwonDo, Self Defense, or work on conditioning, stretching, flexibility, fitness to get you ready or improve for gymnastics, cheer. I'll personalize your lessons based on your specific goals. Learning TaeKwonDo is not difficult -- we'll work on punches and kicks, stretching, conditioning and have fun along the way!

I teach in my home, in your home or online lessons based out of East Orange County, and I accept students who are all levels and ages 5-99 accepted.

My Specialties:

TaeKwonDo, unarmed Self Defense, Stranger Danger, Arm Locks, Joint Manipulation

Prices:

I start at \$8.00 per class for 60 min. I have payment plans for daily, weekly or monthly and accept most credit cards.

Oh, by the way, first lesson is FREE!!!!

I look forward to meeting you!



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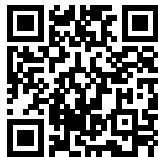
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