

## Mother needs help juicing, exercise, weight loss (Austell)



Location **Georgia**  
<https://www.genclassifieds.com/x-446025-z>



Hi there, folks!

My mother is a doll, but when she quit smoking last year she gained a lot of weight. Thank God she quit smoking, but now she needs to get the weight off and improve her overall health. Since I am currently not close to her (in proximity) I am looking for a bone-fide angel to help her twice a week - for either a barter or inexpensive compensation.

I need to make a vitamin-rich smoothie for her that she can refrigerate and drink daily. The recipe makes enough for 3-4 days, so I am looking for someone to come over twice a week. I am also looking for someone to help her exercise; very small movement at first - moving legs and arms gently, etc. Nothing strenuous to start.

I need someone trustworthy. Only good-hearted people need apply!  
If I hear of anything "fishy" happening, I will be there in an instant, so no weird people need apply.

In exchange, I will help YOU in whatever way I can.  
Need music lessons via Skype?  
I am also great at finding goods at discounts.  
Tell me what I can do for you in return!

Comments: Please leave your comments in the COMMENTS section. Do not post your phone number or email address in the comments. If you need to contact the poster, please use the "Contact" button.



**Mother needs help juicing, exercise, weight loss (Austell)**  
<https://www.genclassifieds.com/x-446025-z>



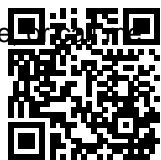
**Mother needs help juicing, exercise, weight loss (Austell)**  
<https://www.genclassifieds.com/x-446025-z>



**Mother needs help juicing, exercise, weight loss (Austell)**  
<https://www.genclassifieds.com/x-446025-z>



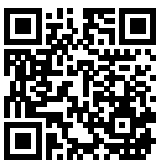
**Mother needs help juicing, exercise, weight loss (Austell)**  
<https://www.genclassifieds.com/x-446025-z>



**Mother needs help juicing, exercise, weight loss (Austell)**  
<https://www.genclassifieds.com/x-446025-z>



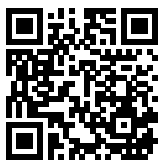
**Mother needs help juicing, exercise, weight loss (Austell)**  
<https://www.genclassifieds.com/x-446025-z>



**Mother needs help juicing, exercise, weight loss (Austell)**  
<https://www.genclassifieds.com/x-446025-z>



**Mother needs help juicing, exercise, weight loss (Austell)**  
<https://www.genclassifieds.com/x-446025-z>



**Mother needs help juicing, exercise, weight loss (Austell)**  
<https://www.genclassifieds.com/x-446025-z>



**Mother needs help juicing, exercise, weight loss (Austell)**  
<https://www.genclassifieds.com/x-446025-z>