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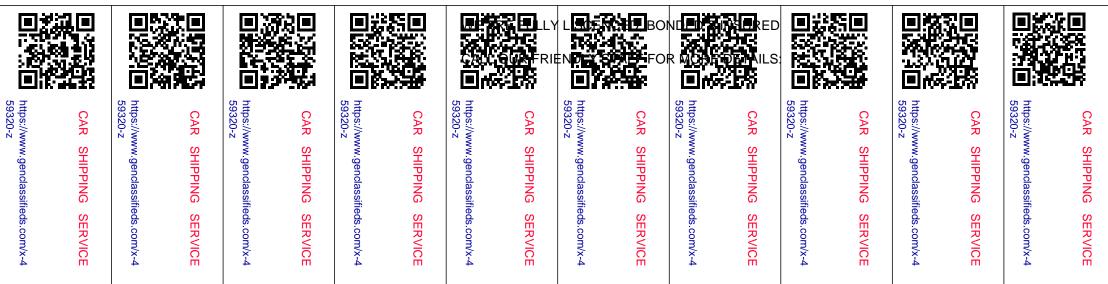
ELITE AUTO SHIPPER IS A TOP RATED AUTO TRANSPORT COMPANY SPECIALIZING IN THE TRANSPORT

AND RELOCATION OF CARS, TRUCKS, SUV'S, AND VANS THROUGHOUT THE UNITED STATES.

WE OFFER:

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ontario government licensed driving instructor:

- taught for over 20 years
- patient and effective
- promote protective driving, skit control, and gas saving techniques
- high success rate on road tests (g1 and g2 exits)
- can teach in english, cantonese, mandarin

let me help you book an early road test appointment! call me now!

my name is luciano.

i am a teacher, i am a trainer. i have been involved in the fitness all my life and have a passion that will take your goals to the need and perfected their training techniques. i provide advise on what kind of food you should be putting into your body that will optimize your success.

through my experience i have acquired a vast amount of knowledge in: -muscle building -toning -cardiovascular training

i am available to train you at your gym, your place, or at mine. i train with you, i recommend what is advisable to eat, i give you tips paying for your own fitness trainer is to get this attention and a training program that's right for you. i train people of all fitness levels / abilities. if you're looking to gain muscle, lose weight, increase flexibility or tone, i can tailor any fitness program to help you meet your goals.

\$35/1hr. session. first info/assessment session is free.

are you looking for training in the martial arts, but either you don't want to train in a class with others, or your schedule doesn't aazing results! this method is recommended for only those serious about learning the martial arts. it will be up to you to practice what you have learned each week. the more you practice, the faster you will learn...

for those not interested in belt-rankings, i also teach self-defense, (great for security/crisis worker personnel), fitness, and qi-gong, er to train? contact me, let's set it up!

a private session in gogyo goshin-jitsu costs \$40, which includes;

15 minutes of qi gong

main body of session consists of kata training, techniques, grappling, throws, weapons, etc. 10 minutes of static stretching, (for flexibility)

ryuuko dojo is a traditionally based mixed martial arts training opportunity located in toronto, ontario. the style taught is called gogyo yle containing techniques and forms from the martial arts styles of; karate, (hard-style strikes, kickss. gogyo goshin jitsu, is a very well rounded style offering training in all aspects of martial arts listed above and more, (meditation, traditional training methods

i provide english conversationb interviews, reading tutoring (phonics) for children and essay & writing editing and tutoring.

i am a certified teacher (b.a. hie of teachers) with over 20 years of teaching and tutoring experience. proof of qust) hours are 10 am to 10 pm everyday.