



Are you facing a vital presentation? A high stakes interview? Are you seeking to perfect your English?

- â€¢ Increase your confidence
- â€¢ Polish your presentations and professional communications
- â€¢ Advance your mastery of English
- â€¢ Prepare for conferences and seminars
- â€¢ Deal with anxiety
- â€¢ Master appropriate body language
- â€¢ Effectively manage Q. & A. sessions
- â€¢ Establish rapport with audiences of all size
- â€¢ Improve your Interview skills

"I had the good fortune to meet Elizabeth Appleby at her Public Speaking and Oral Presentations seminar for professionals at Brigham and Women's Hospital in Boston.

I found her presentation and teaching skills to be exceptional. Following the course, I contacted her to help me prepare an important oral presentation. Ms. Appleby was gracious and very constructive along with her numerous suggestions. This was also a very kind and kind hearted response as a result of her presentation was a great success.

a wonderful reporter - Alejandra Beron-Mendoza, Ph.D. Dept. of Pathology, Harvard Medical School

"I was surprised by the prompt response and I felt that medicine did not successfully exist when I was going to make that decision. I can finally make a decision on this challenge. I am really honored to be taught by you and I cannot thank you enough for your kindest support and advice" Takuhiko Moromizato, M.D., Harvard Medical School

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"I just wanted you to know that I GOT ACCEPTED to Harvard Business School! This experience will change my whole life and help open so many doors. I never would've gotten in without you so thank you again so much for your help. I'll be sure to recommend my peers to you in the future!" - Sarah Moore

## EXPERIENCE:

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So many doors. More

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## HARVARD MEDICAL SCHOOL

• I have taught English as a Second Language, Presentation Skills, and English as a Scientific Language to international postdoctoral researchers and clinicians at Brigham & Women's Hospital, a Harvard teaching affiliate.

• At Harvard Medical School and Harvard School of Public Health, I have taught Now You're Talking! Bringing Scientific Presentations to Life as part of the Communication Seminar Series.

## YALE UNIVERSITY

• I have taught English, Oral Communication Skills, and Listening & Speaking to graduate and undergraduate students at Yale University's English Language Institute.

• I have provided individual language tutorials focusing on Pronunciation, Fluency, and Presentation Skills for international graduate students in the Sciences, Business, and Engineering.

## DARTMOUTH MEDICAL SCHOOL

• I have created and taught Presentation Skills Workshops for Postdoctoral Students at The Geisel School of Medicine at Dartmouth.

## CLIENTS:

My students include:

• Harvard Medical School Faculty and Postdocs

• Yale University MBAs, Engineers, Postdocs

• Dartmouth Medical School Postdocs

• Harvard Business School Applicants and Students

• MIT Sloan School of Management Graduates and Students

• Corporate Executives

## GOALS:

• Presentations: Prepare for boardroom meetings, conferences & seminars.

• Interviews: Prepare for the job market.

• Pronunciation: Improve through understanding specific patterns of rhythm, stress, and international graduate students in the Sciences, Business, and Engineering. intonation.

## TESTIMONIALS:

"Elizabeth Appleby has a talent for giving confidence to even the weakest and least self-assured students and can coax from them their best efforts. She motivates students regardless of their language ability and can challenge and inspire them to continue to improve. She devised challenging and innovative exercises to help her students and in the process earned their unanimous praise. I have left impressed by her ability to engage students, all of whom were attentive and eager to participate." - Jan Dougherty Hortas, Director Yale English Language Institute, Yale University

"Elizabeth helped me prepare for an interview I had with Harvard Business School. After my first visit with Elizabeth I realized I needed to do a lot more than practice. Thus, prior to conducting any mock interviews, Elizabeth and I went back to the basics. She taught me how to sit in my chair confidently, talk clearly and slowly, and control my non-verbal language (i.e., maintain my composure, not show nervousness when asked a question that I didn't readily have a good answer to). After I began to gain a grip on the fundamentals, Elizabeth worked to transform the content of my interview responses. In doing so, she took the time to get to know me not just as an

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applicant, but an individual so that she could help me to come up with responses that were genuine. The end results were astonishing. After working with Elizabeth for a few weeks I could not believe how much I had come along in my interview capabilities, both in the quality of my responses as well as the delivery of them. I felt incredibly confident walking in to my interview and throughout the interview because I felt prepared for both the expected and unexpected (e.g. interruptions, awkward silences, unforeseen questions. . . etc). This allowed me to do very well in my interview and ultimately get accepted to HBS. I strongly believe that I would not have performed well in my interview and thus not gotten in to HBS had I not worked with Elizabeth so I cannot recommend her enough. She shows both professionalism and authenticity in equal measure and I'm confident that she could help just about anyone ace an interview!" -- Sarah Moore, Harvard Business School

"I would love to repeat your presentation skills workshop which was very popular with the postdocs here." - Katja Koeppen, PhD Department of Microbiology and Immunology Dartmouth School of Medicine

"Elizabeth has helped me tremendously with interviewing and public speaking and the results came quite fast! She has helped me to gain more body and mind awareness, which has not only empowered me to respond better to stressful situations like interviews and public talks, but has also improved the quality of my interactions with friends and family. Being a physician who is around a lot of caring individuals, I can say without any hesitation that she is one of the most empathic individuals I have ever met. Elizabeth, thank you so much for everything!" -- Raj G., M.D., Harvard Medical School

"Your ESL course is one the best courses I have ever had, and you are one of the best teachers I have ever met. Your teaching is extremely excellent and exciting. Now, I feel more confident in expressing myself. My thanks for your excellent teaching is beyond my words." - Zaiyi Liu, M.D., Ph.D., Harvard Medical School

"Thanks for coming up to Dartmouth to run the presentation workshop for the postdoc association. I know I got a lot out of it. I've been to several similar things before, but today was particularly worthwhile to me." -Ian Street, Ph.D., Dartmouth Medical School

#### CONTACT:

Elizabeth Appleby

Please see my website : [elizappleby.com](http://elizappleby.com)

Online sessions available via Skype or