Elevated Rebounder with Stabilizing Bar and 3 Workout DVDs (150 USD)



Location Maryland https://www.genclassifieds.com/x-501853-z

Elevated Urban Rebounder with Stabilizing Bar and 3 Workout DVDs

Want a fitness regimen that will put a spring in your step? This low-impact conditioning system is easy on your joints and muscles and lots of fun to boot! Set up your Urban Rebounder in either a flat or elevated position to get a great cardio workout and sculpt lean muscle. With 3 motivating DVDs containing a total of 13 workouts, there's plenty of ways to put a bounce in your step.

What You Get:

•Urban Rebounder •6 Legs •2 Long front legs •2 Short back legs •14 Removable rubber crutch tips for legs •Stabilizing bar •Elevated Urban Rebounder with Rebecca Kennedy workout DVD •Urban Rebounding Compilation #1 workout DVD •Urban Rebounding Compilation #2 workout DVD •Owner's manual •Manufacturer's 1-year limited warranty









DVDs



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DVDs Stabilizing Elevated Bar



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DVDs

Workout