

Golf Lessons How Does Your Swing Feel (Farmingdale, NJ)



Location **New Jersey**
<https://www.genclassifieds.com/x-506531-z>



The way your swing feels may be more important than you've ever realized. Our bodies are extremely intelligent biological machines consisting of billions of individual parts all making up a cohesive whole. The complexities still elude even the greatest of scientists but the general direction of a healthy body is very clear and incredibly stable. This natural yearning for a physical state of equilibrium and wellness is what swings the golf club. Knowing this can change the way you play golf. Listening to your body through feelings will always direct you towards more of this harmony of movement. Our bodies are always communicating with us through these physical feelings whether they be hunger, tiredness, how to throw a ball or how to ride a bike. Well golf is no different. Come and see what your body is telling you.

@ Farmer Brown's in Farmingdale, NJ
3yr NJ PGA Touring Professional
Golf Instructor for over 7yrs
Rates: \$70/hr Package: \$200/3hrs
(balls not included)

Billy Root
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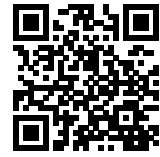
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