

Women 20 (44, USD)

Location **New Jersey**
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With the popularity of UFC and MMA it shows that women, having naturally strong lower bodies can use this to their advantage. Participants apply a number of scissorholds over the course of a half hour or so. You would be squeezing with the scissorholds to see how many, if any, "give ups" you can get.

No wrestling around. In addition it will show examples such as if dancers have stronger legs than runners or if women ages 18-25 have stronger legs than women 26-35, or if taller women have a stronger scissorhold than shorter women and so on.

Let me know if you have any questions. Kindly respond with your age, availability, any sports or fitness you participate in, height, approx. weight, a pic or

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