

Personal Training



Location **Pennsylvania**
<https://www.genclassifieds.com/x-511034-z>



Improve the way you live!
 Work with Jefferson Phillips, IFBB World Champion, and 25 years of Personal Training experience.
 Individual and Group Sessions, In-Home option, Assessment and Fitness Goals offered.
 Specializing in:
 *Weight Loss
 *Weight Training
 *Strength and Cardiovascular Conditioning

If you're ready to commit to building a HEALTHIER you, CONTACT JEFF TODAY!



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