## Relaxing Professional Swedish Massage Health Coaching (Burlington)



Location **Vermont** https://www.genclassifieds.com/x-511588-z



Good day!

Treat yourself with a professional Relaxing Swedish massage. My special massage is a whole body massage that allows the body to absorb more oxygen, thereby rejuvenating the body, relaxing the muscles and the mind, removing toxins and tension. I can also incorporate ASMR work into massage session if desired (soft, relaxing conversation) for a better emotional and physical healing.

For your session I will bring everything needed for a massage, including a natural high quality nonallergic fragrance free oil, relaxing music and aroma therapy if you like. I bring the massage table. I am always on time.

Session Times: 1 Hour session outcall- 89 \$, 90 mins outcall- 129 \$.

Out call only at this time. Ask about the discount on weekends! Cash or Checks accepted.

Hours: 7:45 a.m. to 7:45 p.m. Please schedule in advance to secure a time that works best for you. Thank you.

As well I am a certified Health & Lifestyle Coach (Certified by Institute for Integrative Nutrition). When was the last time you talked with someone about your health and received the personal attention you

