

Evening Classes (Anchorage)

Location Alaska https://www.genclassifieds.com/x-528572-z

Are you working on improving yourself or trying to become more successful in life?



How about come to our evening self-help classes? We are composed of people who are interested in self-improvement just like you are, and you can learn information which will help you to become more positive and happier in life! We have classes on how to deal with stress/anxiety/depression and classes about life improvement and relationships.

Call Monday through Thursdays 6pm to 9pm for more information.

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