

## 2 ONE HOUR PERSONAL TRAINING SESSION FOR 79



Location **New York**  
<https://www.genclassifieds.com/x-560838-z>



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<http://www.fitnesstrainingnyc.com/>

I am a certified personal trainer by the American Academy of personal training (AAPT) American College of Sports Medicine (ACSM) CPR, and AED by the American Heart Association

I specialize in weight loss and muscle gain for both male and female of all ages , visit <http://www.fitnesstrainingnyc.com/> and lets get you started right away

I am available to train at your home/work gym or you come to me at Hype gym 480 2nd Ave

Testimonials are available on my website

Follow me on Facebook/Twitter for more weight-lose/Fitness tips

CONTACT ME AT

<http://www.fitnesstrainingnyc.com/>

<http://www.facebook.com/RHF.PersonalTraining>

[https://twitter.com/RHF\\_PTTraining](https://twitter.com/RHF_PTTraining)



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