

# Barefoot Hiking Group (Alum Creek State Park)



Location **Kentucky**  
<https://www.genclassifieds.com/x-563348-z>

Barefoot hiking at Alum Creek State Park at the park office trails, 2911 S Old State Rd Delaware, OH. Meet at the parking lot at 6:30 am second and fourth Sunday mornings. Follow signs to the park office.

Barefoot? Yeah! It's the best way to experience nature. If you've deprived the soles of your feet and toes from the tactile sensations of grass, dirt, moss, pine-needles, and mud--come join us and see what you've been missing.

One more thing, NO VFF'S !!! VFF's are "toe



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