## Traditional Chinese amp Japanese Martial Arts (NW OKC)



Location Oklahoma https://www.genclassifieds.com/x-564770-z



Our instructor, Bradford, studied full-time in China and Japan from 1984-97, and continues yearly studies overseas, presently totaling over 18 years abroad. Our lineages come directly from his teachers in China and Japan

## **Programs Offered**

The following Martial Art styles and their weaponry are offered at Academy Martial Arts:

•??? Baguaguan (Baguazhang) ~ Liu Bin, Sun Lu-T'ang and Gao lineages.

•??? Xingyiquan ~ Shanxi and Hebei styles.

• ??? Tai-Chi ~ Sun Lu-T'ang, Old Yang, Cheng Man-Ch'ing and Chen Village styles.

• ??????? Daito-ryu Aikijiujitsu ~ Tekada Tokimune Clan Aikijiujitsu lineage.

## About the Class

Traditional Chinese and Japanese martial arts are now being taught at Academy Martial Arts. Absolute beginners and experienced martial artists are both welcome. Classes teach students the classical practices of a variety of Chinese and Japanese martial arts that provide students with a strong foundation from which to approach advanced training. Handouts are given weekly that outline the Chinese and Japanese methods taught during classes.

It does not matter if you are overweight, physically impaired, no stamina, or other issues, the Chinese and Japanese methods accommodate for all. The most important thing is that you have a good attitude and willingness to practice with others in class.



Chinese students, handles all of the class emails. Academy Martial Arts will have a phone in the near future, but for now we ask that you communicate with us by email.
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