

# You dont have to be Wealthy to Eat Healthy



Location **Utah**  
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Hello my name is Lyndsey. I will be finishing my Fitness Training and Health Coaching certifications this September. I am passionate about health and helping individuals reach and more importantly maintain their health goals. I have a simple program called CleanLean30 to assist you in making simple healthy choices on a daily basis. We even crush the myth that you can't eat healthy on a lean budget. This is ideal for even the busiest of schedules.. In return if you are pleased with my program I would appreciate your referrals.

I have used this program with 26 people so far with great results. I look forward to helping you live the healthy life! Just respond to this post if you are interested with your contact info or go to our faebook link here: <https://www.facebook.com/pages/Eat-Clean-Live-Lean-30-Day-Challenge/1596479103966636?fref=ts> and opt in there!



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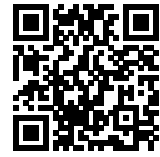
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