

WorkoutGym partner

Location **New Jersey**
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I'm looking for a workout/gym partner to motivate me and push me through that last set/rep. I'm not super heavy, but could still stand to lose about 15 lbs of fat and would love to gain at least that in lean muscle. It would be nice if I could find someone within the same basic goals but would be open to helping anyone with more to lose. It would be SUPER if I could find someone pro card level that didn't mind training w/me but I can't see that happening. I just did my first obstacle course over the weekend (Rugged Maniac) and would love to get in good enough shape to do a Spartan some time in the future. This is NOT a personals ad. I am not seeking a relationship with this posting. I am only seeking a workout/gym partner. I have both a Planet Fitness and a Workout World membership. We would meet only at the gym for our workouts to start. If a platonic friendship forms from there, I'm cool with that. If you're in the Edison, NJ area, and are looking for a workout partner, please feel free to respond.

I am:
BF
5'8"



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