

Are You a Compulsive Eater OA can help...



*We admitted we were powerless
over food—that our lives
had become unmanageable.*

"Step One," The Twelve Steps
and Twelve Traditions of
Overeaters Anonymous

Had Enough?

Visit oaquiz.org to take our quiz and find out how
the Fellowship of Overeaters Anonymous can help.

Location **Oregon**
<https://www.genclassifieds.com/x-568790-z>

Is food a problem for you? Overeaters Anonymous can help.

No dues, no fees, no weigh-ins. We are a 12-step fellowship, open to all for whom food is a problem. OA is for overeaters, bulimics, and anorexics.

For more information, call or text:

Or email:

Newcomers are welcome at all meetings. To find a meeting, visit www.oa.org



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