

SCIFIT PRO 2 Total Body Exerciser



Location **Utah**
<https://www.genclassifieds.com/x-569527-z>



SCIFIT PRO 2 Total Body With Intelli-Fit Console. Very lightly used and in beautiful condition.

SCIFIT Pro 2 Total Body Exerciser











SCIFIT's Pro 2 Total Body Exerciser provides increased range of motion, making this product perfect for physical therapy,

rehabilitation and general wellness...

The natural elbow to knee movement engages the core muscles. The upper and lower cranks are dependent, allowing for

passive assistance. The stronger limbs can drive the weaker limbs through the range of motion. Full adjustable upper and

lower cranks, a fully adjustable seat and direct wheelchair access, allows users of all ages and abilities to use the Pro

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allowing freedom of movement to maximize results.

Muscle Balance

Bi-directional resistance allows the exerciser to perform the workout and all of the programs in both forward and reverse,

changing directions at any time and as often as they choose. By doing so, they are also working reciprocal muscle groups

and developing muscle balance and reducing the risk of overuse injuries. Changing directions also makes the workout more

interesting and engaging for the exerciser.

Six Key Benefits

- 1.Total Body Rotary Exercise - One of a kind.
- 2.Strength and Cardiovascular exercise.
- 3.Major core recruitment - elbow to knee.
- 4.Space efficient - no power requirement.
- 5.Time efficient - 10 minute IntelliFit protocols.
- 6.Tracking results - Fit-Key and/or software.