

21 Day SHRED Challenge

Location **Minnesota** https://www.genclassifieds.com/x-583554-z

BY HIGH DEMAND 21 SHRED CHALLENGE IS BACK!!

Starting July 27th!!

*\$20 to enter

*customized meal and nutrition plan

*weekly workout tips

*motivation/inspiration

*weekly accountability video calls with challenge group

*get trained on health and wellness by your health coaches

*your very own personal wellness coach one on one

*cash prizes to the best BEFORE AND AFTER!



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