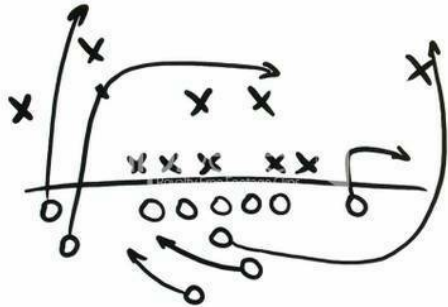


STRATEGIES FOR SUCCESS (Art Museum Area)



Location **Pennsylvania**
<https://www.genclassifieds.com/x-589337-z>

**DO YOU
HAVE A
WINNING
STRATEGY
FOR
SUCCESS?**



DO YOU HAVE A STRATEGY FOR THE FUTURE?

When a football team takes the field, they have a strategy and a set of plays to win the game.

Do you have a strategy to attain your life goals and a set of plays to accomplish it? Or are you just waiting for luck to succeed.

I am an experienced Life Coach who has an extensive background in human psychology and motivation and years of proven experience. Life Coaching works with people who want to live more fulfilling and happier lives. Life Coaching focuses on where you are now and helps you move forward to create the future that you want.

Unlike therapy or counseling, life coaching does not dwell in the past and past issues but rather looks forward to creating a new successful, happier, and more powerful you.

What constitutes "success" or "happiness" varies from person to person. To many people, this may mean job advancement, performance, or change. This may involve better time management; focus,

concentration, and creativity; public speaking; and organizational and managerial skills.

Others may include things like sobriety, weight loss, or issues; debt, or stress; or a stress and anxiety management. Some may want to improve their relationships with family members or friends. Significant changes to workers, employees, clients, and others but not know where to begin. The list is endless.

Together we will determine your personal goals and develop the strategies to achieve them.

Life coaching provides support, objectivity, structure, energy, encouragement, motivation, and insights. You are responsible for taking the agreed upon steps to reach your goal.



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See our website and listing in "Psychology Today" for all of our services.

Call or e-mail Jeanie Almo, a professional psychotherapist, certified hypnotherapist and former Yale faculty member, to get more information at:

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