







Cooking Matters challenges families to take health into their own hands, empowering them to learn and grow with others in their community. All volunteers not only have the power to educate, but they inadvertently increase self-esteem and strengthen social networks. Your time and contributions help create a long-term solution to hunger by giving families the confidence and ability to be more self-sufficient, improve their eating habits and food budgeting skills.

Responsibilities:

- Skills/Experience:**

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| <p>- Experience working on a team</p> <p>- Experience working with individuals from diverse backgrounds.</p> <p>- Ability to speaking with larger audiences (average class size is 25-30 participants)</p> <p>- Ability to travel to other locations.</p> <p>- Ability to be responsible for cooking matters (utensils, ingredients, team and to adhere to policies and team decisions).</p> <p>https://www.cookingmatters.org/</p> <p>Cooking Matters Opportunities (Second Harvest)</p> <p>25-480-z</p> | <p></p> <p>https://www.cookingmatters.org/</p> <p>Cooking Matters Opportunities (Second Harvest)</p> <p>25-480-z</p> | <p></p> <p>https://www.cookingmatters.org/</p> <p>Cooking Matters Opportunities (Second Harvest)</p> <p>25-480-z</p> | <p></p> <p>https://www.cookingmatters.org/</p> <p>Cooking Matters Opportunities (Second Harvest)</p> <p>25-480-z</p> | <p></p> <p>https://www.cookingmatters.org/</p> <p>Cooking Matters Opportunities (Second Harvest)</p> <p>25-480-z</p> |
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Cooking Matters Volunteer Opportunities Class Assistant (Second Harvest Food Bank)

Please contact Katie Coffman at for more information about this volunteer opportunity.