

Private Pole FitnessAerial Instructor ((Vernon Area))

Location **Connecticut**
<https://www.genclassifieds.com/x-634060-z>



As many of you may have heard, sadly, Mind, Body and Pole in Vernon, CT., recently closed it's doors in July of 2015. I am currently seeking a Private Instructor for a one-to-one pole fitness/aerial class and to further strengthen my core, upper body and to learn some new routines. If you are an experienced Instructor and/or Dancer, with access to a pole (or studio) in the Hartford-Metro area (the closer to Vernon the better), please contact me for dates and times of your availability, as well as your rates. Thank so!!!



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