PERSONAL BOXING LESSONS AVAILABLE (Hollywood,Fl.)



Location Florida https://www.genclassifieds.com/x-653964-z



Personal Training Available immediately!!

My name is Ash and I am a boxing trainer at Lion Pride Boxing LLC located in Hollywood, Fl. If you are looking to achieve a particular weight-loss goal, receive nutritional advice according to where you are physically, and most importantly beginning technical boxing techniques, please feel free to contact me.

I specialize in calisthenics, basic beginning boxing, amateur boxing technique, and nutritional advise according to the specific person (no matter the circumstance).

PERSONAL TRAINING SESSIONS AVAILABLE IMMEDIATELY.

There is a male trainer and a female trainer for any women who are more comfortable working with another woman.

All you have to do is give me a call or send me a text!

It's worth at least one try! Can't wait to hear from you and thank you!!

