Practical Spiritual Advice (



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Open to all walks of life, spiritual beliefs, and religious institutions!!

Spiritual Work:

- ? For new spiritual Seekers
- ? Disenchanted believers
- ? Unexplained Experiences
- ? Dream Interpretation

Emotional Work:

- ? Finding Love
- ? Letting Go of a toxic Relationship
- ? Grieving loss
- ? Accepting difficult feelings (Anger, jealousy, greed, guilt/shame)

Mental Work:

- ? What do you want to do with your life?
- ? Learn to discern between a want and a desire
- ? Rediscover Your Passions
- ? Discover Who you ARE!!!



