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personal trainer looking for workout buddy (United States)

Location Vermont https://www.genclassifieds.com/x-695462-z



Hey there everyone, I am currently a certified NASM personal trainer (national academy of sports medicine) and use to be certified NSCA trainer (national strength and conditioning association) I also went to school at NPTI (national personal training institute). Sorry for the giant run on sentence! I know my stuff when it's about getting into shape. I am searching for a workout partner since I am recovering from a injury I am starting from fresh and would like someone to join me. It can be male or female, just need to show up and bring your A game. I would like from you some info to see who I pick. Your name, age, gender, goals, current weight, and any conditions you have. This is very serious and who ever I chose your life will be changed for the better!...also did I mention this was free? Minus the gym membership.

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