

# Lifestyle Transformation Mentoring (Salt Lake City and East Bench areas)



Location

Utah

<https://www.genclassifieds.com/x-697443-z>

If you have reached your limit on feeling the burdens of excess weight, low energy, hopelessness, and general ill health, this is the right ad for you! How would you like to have an experienced professional mentor lift you up out of this rut and guide you into a new and invigorating path? We can work together inviting a new lifestyle of modalities including eating, drinking, exercise, as well as spiritual and emotional well being. You will not regret taking the first step by setting up an appointment to begin this exciting new journey. Hourly service rate is \$20.00 with a two hour minimum. Look forward to hearing from!

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