

# Certified Personal Trainer (greater Portland)

Location

Maine

<https://www.genclassifieds.com/x-710272-z>



The holidays are coming quickly, we should all get our bodies ready for all the goodies that are part of those days.

Together we can get you to a point where you are in shape, and stay there with a little self control and a good workout program. Let me assist you in a workout program that is tailored just for you, getting you the body that you have wanted.

Call me for an appointment and lets get started..... ask for Bob



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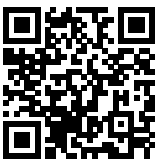
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