

Weight Loss Consulting 35 (Atlanta)

Location **Georgia** https://www.genclassifieds.com/x-715964-z



Lose weight now! This Month. This Week. Today! If you are 30 lbs or more overweight, you can shed the pounds immediately. 80% of weight loss is what you eat, what you don't eat, and when you eat. 20% of weight loss is your exercise routine. My program is effective and very affordable.

I have lost over 60lbs in the last 10 years and I have been able to maintain it without spending too much time in the gym and doing crazy work out routines.

If you have heart disease, high blood pressure, or diabetes, you need to contact me immediately!

Our program is only \$35 to start. You will receive a dvd to serve as your eating guide, a meal plan, and a workout routine to help burn those calories and shed those pounds immediately.

Contact Rick at

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