

Self

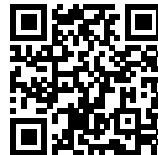
Location **Hawaii**
<https://www.genclassifieds.com/x-736440-z>



QR Code Link to This Post Currently we have about 25 to 35 people who come to our classes every week. Mostly we do classes and workshops. The topics the classes and workshops deal with include how to be more positive, happy, successful, how to reduce stress, improve relationships, how to get rid of depression, anxiety, etc. Our short classes are about 2 weeks long, and the cost for the whole thing is about \$50.

Let me know if you are interested. Also let me know if you are interested in any specific self-help topic and would like to take a class about that.

Our hours are Monday thru Friday 9:00 am to 9:00 pm and Saturday & Sunday, 9:00 am to 6:00.

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