

Nautilus R514 recumbent bike

Location

Iowa

<https://www.genclassifieds.com/x-753223-z>



QR Code Link to This Post 100% working condition and near perfect cosmetic condition. We had this to help with recovery from knee replacement surgery, but ended up going to a physical therapy provider and have barely used it. Incleds bike, power supply, and chest strap.

- 7 profile courses--variety to help keep you motivated for the results you want
- 4 Polar heart rate programs, with telemetry, grip and chest belt (included). Polar is the premier brand of heart rate monitoring and -fitness assessment--a perfect complement to Nautilus equipment.
- 2 programmable user profiles to customize your own courses and track your progress
- Electronically controlled magnetic resistance system for a smooth and efficient workout
- Blue backlit LCD display with an easy to read console
- Powerful fan, and multi-point seat and console adjustments--all biomechanically designed and inspired by the Nautilus equipment you see in a gym
- Convenient step-through design and adjustable lumbar support for comfortable and ergonomically correct positioning
- Oversized deluxe pedals, water bottle holder and magazine rack
- Integrated gear basket stores your towels, magazines or other accessories
- 20-pound flywheel
- Eddy Current Brake (ECB) resistance system
- Transport wheels
- Switchable from miles to kilometers (KM)
- Maximum user weight: 300 pounds

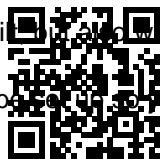
More info: <http://download.nautilus.com/supportdocs/OM/Nautilus/NLS.U-R514.OM.EN.FRC.pdf>



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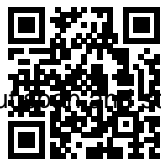
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