

# Holistic well



Location

Ohio

<https://www.genclassifieds.com/x-755293-z>

QR Code Link to This Post Hello. I'm a former: Long time/multiple sport power athlete with many short and long term injuries: I understand, that MASSAGE & MOVEMENT THERAPY are beautifully effective for 'physical' and 'mental/Psychological' improvement. Feeling balanced, whole and absolutely amazing are the goals

Expect relief or improvement for .. Tight, sore or spasming muscles Chronic pains Tight joints & Range of motion issues Headaches & eyestrain Reduce anxieties, depression & stress Better sleep Improvement in the bodys natural movement & energy Services offered: Relaxation or deep tissue massage Shiatsu pressure/Sports massage Hot Stone massage Chair massage Foot Reflexology Strength/resistance sessions A good commercial office in a professional business plaza.

Wkdys(9am-6pm)-Sat(10-4)

-----Same day appts(w/2 hrs notice) and Sundays(w/1 day notice) may be possible.

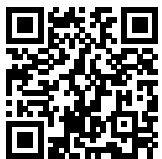
Introductory Rates: 60min/\$55--30min/\$30 ((Neck,back,shoulders or Feet))

\*\* Once again, the services listed are the services offered \*\*\*

Call to schedule:: MONROE:

IF YOU SEND AN EMAIL: Please provide your first name. cause females and males have some session differences. I can address things faster when I know who I am speaking with.

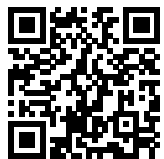
Thank you very much



<https://www.genclassifieds.com/x-755293-z>

Holistic

well



<https://www.genclassifieds.com/x-755293-z>

Holistic

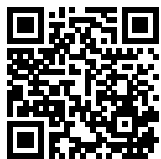
well



<https://www.genclassifieds.com/x-755293-z>

Holistic

well



<https://www.genclassifieds.com/x-755293-z>

Holistic

well



<https://www.genclassifieds.com/x-755293-z>

Holistic

well



<https://www.genclassifieds.com/x-755293-z>

Holistic

well



<https://www.genclassifieds.com/x-755293-z>

Holistic

well



<https://www.genclassifieds.com/x-755293-z>

Holistic

well



<https://www.genclassifieds.com/x-755293-z>

Holistic

well



<https://www.genclassifieds.com/x-755293-z>

Holistic

well