

# Experienced Personal Training and Nutrition North Scottsdale

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Location

Arizona

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QR Code Link to This Post Certified by the National Academy of Sports Medicine and the National Council for Certified Personal Trainers with over 14 years of experience. I'm always learning more and maintain a habit to keep up with the most recent and up to date research on all things health and fitness and nutrition.

Workouts are fun, affordable and customized for each client individually. The workouts are 3 days a week for \$120 bi-weekly. Spaces are available between 5am and 10am Monday-Friday

Workouts can be created for clients to do independantly when requested.

Gabriel Boggs

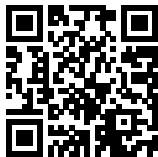
319Fitness/Facebook

[www.Nerdyfit.com](http://www.Nerdyfit.com)

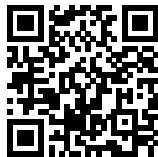
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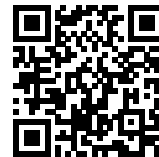
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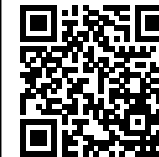
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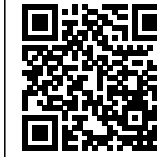
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