

LIVE COMFORTABLY IN YOUR OWN SKIN (2832 W Wilshire Blvd, Oklahoma City, OK)

Location **Oklahoma**
<https://www.genclassifieds.com/x-772617-z>



QR Code Link to This Post Do you play as hard as you work? Love to be the picture of great health? Do those workouts leave you feeling tight, sore, and punished? Are your neck, back, hams, quads, etc., feeling a bit knotty, needing to be straightened out? Need a bit of pampering, and relaxation?

I am a 'natural healer', and quite the perfectionist. My average session is 90 minutes - 3 hours. I focus on lengthening short, tight tissues, and restoring as close to normal function, as your body will allow. I am a deep tissue specialist, by nature! My work is slow, and methodical. I listen to your body, to facilitate healing.

With training in Trigger Point Therapy, Structural/Deep Tissue Body Work, Sports & Injury Massage, Craniosacral Massage, Swedish, Acupressure, Reflexology, Timeless Facial Massage, Salt & Sugar Scrubs, and Body Wraps, etc., to address a wide array of your needs. I have just what you need to soothe tight, sore, over worked, tired, and achy muscles. I've even been known to relieve a bit of stress!

Call or text today, to schedule your session! Available 9am-10pm, daily. \$65/hr, \$90/90mins, \$130/2hrs, etc.

I look forward to seeing you soon,

Monica Proctor, CMT
 Body Whisper Massage

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