

# Enjoy a Deeply Nourishing Therapeutic Massage by Brian (385) 495 3918 (500 east 4500 South)

Location

Utah

<https://www.genclassifieds.com/x-773138-z>

QR Code Link to This Post Brian is an Experienced Licensed Massage Therapist, Certified Kundalini Yoga Teacher, Certified Ayurvedic Lifestyle Consultant and is currently enrolled in a Bachelor's of Science in Nursing Program. His knowledge of the body, mind, heart, and soul from both the yogic/ ayurvedic perspective and the western/allopathic perspective gives him an extensive tool box from which to draw. Brian will tailor your massage to address your specific needs with a unique blend of massage therapy techniques such as Swedish Massage, Myofascial Therapy, Deep Tissue Therapy, Shiatsu, Reflexology, Cupping Massage, and facilitated stretching. Brian also infuses elements of Yoga and Ayurveda into every session.

Brian is available: Monday through Thursday 5pm to 9 pm and Friday through Sunday 12 pm to 9pm

Call or Text to Schedule a Deeply Nourishing Therapeutic Massage by Brian LMT

60 minutes of Therapeutic Massage tailored to your needs - \$60

90 minutes of Therapeutic Massage tailored to your needs - \$90

120 minutes of Therapeutic Massage tailored to your needs - \$120



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