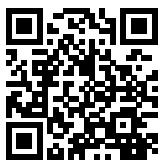


Design Improvement (Jackson)

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Location

Wisconsin<https://www.genclassifieds.com/x-773229-z>

QR Code Link to This Post I was seeking advice of how I could have improved my idea design.

I have a workout standard where stacking columns of weight (that does not involve weight plates or bands) in a moving grid generates even or uneven resistance. Unlike traditional stacked weight plate machines, a person is allowed to make a variety of pattern configurations on the grid (X, \, /, \/, --, etc.) by using cup shaped ballast inserts:

<https://www.youtube.com/watch?v=D4BVfpc2YsQ>
<https://www.youtube.com/watch?v=kgkOXhGJ9rc>
https://www.youtube.com/watch?v=h_bNUq92NVg
https://www.youtube.com/watch?v=V_1C9HMjqvs
<https://www.youtube.com/watch?v=07TSBC2mA74>
<https://www.youtube.com/watch?v=4Q3leX3OjMk>
<https://www.youtube.com/watch?v=eT8ssBIDAdo>
<https://www.youtube.com/watch?v=PmgLVA3hbw4>

Contact me for more information!

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