

Get paid to try a new way of coping with depression (Butler Hospital)

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Location **Rhode Island**
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QR Code Link to This Post Researchers at Butler Hospital and Brown University are looking for new ways that people with depression can help themselves.

They are now studying whether two different video-assisted programs can help people with their depression.

How does the research process work?

>>>Psychologists from Butler Hospital and Brown University are testing two different self-help video-assisted programs. Both programs are designed to help improve wellness in depression. Along with the videos, each program provides written materials and a book that may help you apply the techniques from the videos to your own life. We are now looking for people currently struggling with depression or sadness to participate in a study evaluating these video programs.

Who is eligible? The study is open to 18 to 65 year old individuals who have feelings of depression or sadness.

You must also:

>>>Have a primary care physician.

>>>Currently not participating in psychotherapy/counseling or seeing a psychiatrist.

How long will the research last?

>>>Your study participation will last 12 weeks.

What will you do during the research study?

>>>We will first ask you to attend one in-person meeting in our research offices at Butler Hospital in Providence, RI. At this meeting, the researcher and you will determine whether the study is a good match for you. If the study is a good match, then you will be enroled and randomly assigned to receive one of the two veterans' programs.

...>>We'll give you a week to see your first 500 photos at www.foto.com. You may choose either a [\\$100](#) blank to print a version of the photo program

>>>At the end of 12 weeks, we will contact you again for a final set of interviews and questionnaires. We will ask for your feedback on the overall program.

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You will be compensated for your time with payment provided at your initial visit, at 4 weeks, and at 12 weeks.

Interested in participating? A member of our research team will talk to you by phone to determine if it's appropriate for you to come in for the initial interview. To learn more or to contact our research team, visit butler.org/welltv or call .