



Well, I'm not actively trying anymore, for several reasons: 1) I had to completely focus on tending to some health issues my husband had, and 2) I have decided, I actually like having a lot of freedom and alone time, to write, and I would probably be one of those Moms who was trying to figure out ways to be alone... probably not the best thing for a kid, lol. I haven't 100% ruled out the idea of having a kid, but I look at how happy some of my (childless) friends are and can't help thinking, hmmm. Freedom is kind of nice! There is a teeeeny tiny chance that I could end up being a Mom (if it happens, I will just have to surrender my freedom, but let's just say the Mommy thing is on hold and I'm not actively trying).

But all this is kind of ironic because, in looking for ways to help my husband's health, I discovered a LOT of things that really help with fertility. It's ironic because I actually feel more fertile than ever, and I feel like I could easily get pregnant if I wanted to (and I'm almost 50). I'm still ovulating like crazy... sometimes, more than I did in my early 40s! I have the same machine in my home, that Janet Jackson has (and as you probably know, she gave birth to a healthy baby at age 50).

I often think about women who are TTC, and feel like I want to help them, because I KNOW the doctors are not telling you there are a lot of things you can do, own your own, to greatly increase your own fertility... just like they weren't telling me. But through research, I figured it out. There are actually things you can do to IMPROVE the quality of your eggs, and a lot of things that will help to unblock your fallopian tubes, but IVF doctors would lose a fortune by telling you about this stuff. I realize there is a good chance this post is going to get flagged by someone in the medical industry. Make no mistake, I'm going to re post it. Women have a right to know this stuff.

[illegible]

---

You may notice that I called this a FERTILITY support group. Because I think that should be the main focus. Focus on FERTILITY, and not the INFertility, and you'll be a lot better off : )

Ellen