

WellnessHuman service (Twin Cities)

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Location **Minnesota**
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QR Code Link to This Post Im available in the Twin Cities area and willing to travel.

Heres a snapshot of what I've done and can do for you.

- Caretaker/Direct Care/companionship-elderly and disabled
- Health/Wellness/weight loss coach and Personal trainer
- Healthy menu planning/shopping/cooking
- Landscape design and gardening (vegetables, herbs, annuals, perennials)
- Cleaning/organizing/Feng shui
- Home and pet sitting
- Child care

I'm also willing to perform other duties not listed.

My credentials include degrees in Psychology and Exercise Science/Wellness with a Health and Fitness specialist certification from ACSM. I'm also a county trained Master Gardner.

I have references and a full resume for your review.

Serious replies only please.

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