

## **WellnessHuman service (Twin Cities)**

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Location Minnesota https://www.genclassifieds.com/x-787542-z

QR Code Link to This Post Im available in the Twin Cities area and willing to travel.

Heres a snapshot of what I've done and can do for you.

- -Caretaker/Direct Care/companionship-elderly and disabled
- -Health/Wellness/weight loss coach and Personal trainer
- -Healthy menu planning/shopping/cooking
- -Landscape design and gardening (vegetables, herbs, annuals, perennials)
- -Cleaning/organizing/Feng shui
- -Home and pet sitting
- -Child care

I'm also willing to perform other duties not listed.

My credentials include degrees in Psychology and Exercise Science/Wellness with a Health and Fitness specialist certification from ACSM. I'm also a county trained Master Gardner.

I have references and a full resume for your review.

Serious replies only please.



