

# Are you looking to set up a home Gym Well look no further (Nampa)

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Location **Idaho**  
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QR Code Link to This Post I am Joshua Ryan the Owner of Everhealthy Fitness Personal Training Studio Boise & Meridian. I myself also put both of my gyms together with used equipment. I have a passion not only for fitness but for building and designing home gyms and a general interest in gym equipment. You could call this "my hobby". I have had the pleasure of completely outfitting a few Garages here in the Treasure valley for a price that was more than affordable. If you are looking to put in a garage gym, home gym or just an addition to your current home gym for a more then reasonable price, then I'm the guy for the job!

I hunt down the good deals so I am able to provide you with the good deals as well! We all know how expensive strength and weight equipment can be. why buy new when you can buy used!?

Thank you for taking the time to check out my page! Feel free to send me an email/text/call for specifics on what your looking for.

two0eight91four1nine9eight

I offer HUGE discounts for Complete home gym packages!

Delivery and install available.

Here's a couple of home gyms I have sold and installed for customers.

Delivery and install available

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tags: gym, weights, dumbbells, barbells, dumpt, strength, fitness, squat, deadlift, olympic, bench, power rack, half rack, commercial, pec fly attachments, adjustable, bowflex, nautilus, tower, bench, press, hoist, parabody, ivanko, set, cable, leg, tree, bumper, bumpers, golds, marcy, power, rack, half, ndr, commercial, pec, fly, attachments, adjustable, bowflex, nautilus, reebok, spin, keiser, medicine, ball, body, smith, shoulder, incline, adjustable, standard, weight, apex, barbell, dumbbell, tread, mill, gym, decline, flat, weight, tree, weight, rack, stair, master, pound, 45 lb., 55 lb, 25 lb, 20 lb, 10 lb, 6 lb, 2.5 lb, etc.

Boxing, pinning, yoga, Pilates, aerobics  
 Plate Loaded, Plate-Loaded, Strength Equipment, Free Weights, Free Weights, Free Weight, Free Weight, Cardio, Dumbbells, Plates, Bars, Kettle Bells, Medicine Balls, Handles, Mats, Jump Ropes, Yoga Mats, Balls, Bands, Bosu Balls, Boxing, Foam Rollers, Stability Balls, Resistance Bands, Treatment, Elliptical, Bike, Recumbent Bike,

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Upright Bike, Rowing Machine, Stepper, Spin Bike, Bicep Curl, Military Press, Shoulder Press, Bench Press, Row, Pull Down, Incline Press, Decline Press, Ab Bench, VKR/Dip, Hyper Extension, Leg Sled, Leg Curl, Leg Extension, Lat Pulldown, Back Extension, Abdominal, Chest Press, Squat Cage, Pec, Standing Tricep, Prone Leg Curl, Calf Sled, Standing Calf, Total Hip, Rear Deltoid, Tricep Extension, Chest Extension, Assisted Chin Dip, Hip Abductor, Lateral Raise, Pec Fly, Seated Row, Tricep Dip, Pullover, Pec/Rear Delt, Olympic , selectorized , dumbbells , weights, gym,,